

HOW DO I ACCESS SERVICES AT CAPS?

- ◆ **Evaluation:** For an evaluation, students can call CAPS at 202-687-6985, and ask to speak with the Intake Coordinator between 9 am and 5 pm during the week. The Intake Coordinator will talk with the student briefly to set up a time for the student to meet with a clinician for an evaluation. During the evaluation, the clinician will gather information, and together with the student, determine the need and arrange for further services. For on-going services, the CAPS clinician will discuss various options. If appropriate, a medication evaluation may also be arranged with a CAPS psychiatrist.
- ◆ **Consultation:** If you are a student, faculty, or staff member who is concerned about a student, feel free to call from 9am-5pm for a consultation.
- ◆ **Emergencies:** For emergency services, call CAPS directly during normal business hours. After hours (evenings, nights, and weekends), call 202-444-PAGE (202-444-7243) and ask to speak with the on-call CAPS clinician. A CAPS staff member will be paged and return your call shortly.
- ◆ **Outreach:** If you are a student, faculty, or staff member, and are interested in having CAPS staff conduct a workshop or seminar on any relevant topic, contact the CAPS' Outreach Coordinator.

CONFIDENTIALITY:

All information shared with CAPS is strictly confidential. No one, including family, friends, and Georgetown University faculty/staff, has access to your information without your written consent. Exceptions include information about child abuse, significant risk to human life, and court orders.

Counseling and Psychiatric Service

Law Center: Gewirz Hall, Rooms L101, L102G

Main Campus: One Darnall Hall

During weekdays (from 9 am – 5 pm)
call **202-687-6985**

for information, consultation, emergencies, or
to schedule an appointment.

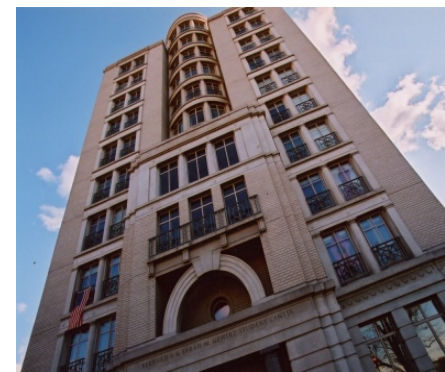
For after-hour *emergencies*, call
202-444-PAGE (202-444-7243)
and ask to speak to the on-call CAPS clinician.

For the CAPS website, which has additional
information and links, please visit
<http://caps.georgetown.edu>

Other Important GU Resources

Office of Dean of Students	662-4066
Department of Public Safety	662-9325
Asst. Deans for Academic Services	662-9039
Student Life	662-9292
Residence Life	662-9290
Center for Wellness Promotion	662-9835
Campus Ministry	662-9295
(24 hour pager)	668-3195
Pregnancy Information Line	687-5254
(10am – 10 pm pager)	668-8588
Health Education Services	687-8949
Sexual Assault (DC Rape Crisis Center) page	333-RAPE
Peer Education Program	687-8942
Center for Personal Development	687-8944
(Substance abuse)	
Student Health Center	687-4500
(appointments)	687-2200
Student Health Insurance	687-4883
Academic Resource Center	662-4042
Center for Multicultural Equity & Access	687-4054
Women's Center	687-6359
LGBTQ Resource Center	687-3546

Counseling and Psychiatric Service (CAPS)



Georgetown University Law Center



Gewirz Hall
Rooms L101, L102G
(Lower Level)

Georgetown University - Law Center
600 New Jersey Ave., NW
Washington, DC 20001

Georgetown University - Main Campus
One Darnall Hall
202-687-6985

<http://caps.georgetown.edu>

WHO ARE WE?

- ◆ The *Counseling and Psychiatric Service* (CAPS) is the University's primary mental health agency for its students and the campus community. Our central mission is to collaborate directly with students in overcoming difficulties that may interfere with defining and accomplishing their educational, personal, and life goals.
- ◆ *CAPS clinical staff* at the Law Center is composed of psychologists, psychiatrists, and social workers. Though all counselors provide general services, the staff includes specialists in depression, anxiety, trauma (including sexual assault), eating disorders, LGBTQ and multicultural issues.

WHO IS ELIGIBLE FOR SERVICES AT CAPS?

- ◆ *Full-time law students* are eligible for services at CAPS, including evaluations, consultations, short-term individual and group psychotherapy, and referral services.
- ◆ *Part-time students* are eligible for evaluations, consultations, and referral services.
- ◆ *Faculty and staff* can consult with CAPS about student situations.

WHAT ARE THE SERVICES OFFERED AT CAPS, AND WHAT ARE THE FEES?

- ◆ *Range of Services:* CAPS offers a range of psychological and psychiatric services that attempt to balance the unique needs of individual students with the broader demands of a diverse campus community.
- ◆ *Fees:* There is no charge for services at CAPS Law Center office. If, however, services are sought at the CAPS Main Campus location, some charges may apply.

- ◆ CAPS services at the Law Center include:
 - ✓ Evaluations (typically 1-3 sessions, at 45-50 minutes each)
 - ✓ Psychiatric medication evaluation & Consultation
 - ✓ Crisis assessment and intervention
 - ✓ Referral to community resources
 - ✓ Consultation
 - ✓ Outreach programming
 - ✓ Brief, problem focused psychotherapy
 - ✓ Group psychotherapy

WHEN CAN I ACCESS SERVICES AT CAPS?

- ◆ CAPS is open from 9 am – 5pm, Monday - Friday.
- ◆ For **emergency** services after hours, CAPS staff can be reached at any time (24 hours a day) by calling 202-444-PAGE (202-444-7243).

WHERE IS CAPS LOCATED?

- ◆ Law students can meet with CAPS staff at the Gewirz Center, Room L101 and L102G.
- ◆ CAPS' main campus location is in Darnall Hall, on the first floor, east entrance (around back).

WHY SHOULD I SEEK SERVICES?

- ◆ *Students* can come in for an **evaluation** for a range of concerns, including:
 - ✓ Depression
 - ✓ Anxiety
 - ✓ Suicidality
 - ✓ Family problems
 - ✓ Difficulty in relationships
 - ✓ Eating & body image concerns
 - ✓ Substance use and abuse
 - ✓ Isolation and loneliness
 - ✓ Sexual assault
 - ✓ Other traumatic experiences

- ✓ Bereavement
- ✓ Problems with self-esteem
- ✓ Adjustment issues
- ✓ Concerns around racial, ethnic, cultural, and sexual identity
- ✓ Stress
- ✓ Academic stress
- ◆ Any *faculty, staff member, or student* may Seek a **consultation** if concerned about another student, or if looking for referrals to community resources.
- ◆ If you are interested in requesting **outreach** programming services for the university community, please contact the CAPS Outreach Coordinator. Some examples of outreach services include:
 - ✓ Workshops on various topics, including depression, eating disorders, test anxiety, communication, and stress management.
 - ✓ Introduction to CAPS and Q & A sessions for staff, faculty, and students.
 - ✓ Workshops for staff.
- ◆ *Anyone*, including non-GU individuals, can contact CAPS for general information about treatment, psychological issues, and community resources.