

GEORGETOWN LAW

SCOTT K. GINSBURG

Sport & Fitness Center

PERSONAL TRAINER REQUEST FORM

Name _____ Today's Date _____

Telephone Number _____ Email Address _____

Fitness Goals (be as specific as possible):

Injuries/Medications (be as specific as possible):

Days preferred: Mon Tues Wed Thurs Fri Sat Sun

Time preferred:

The Fitness Director will select your trainer and contact you as soon as possible.
Thank you for your interest!

Admin:

Called/contacted by:

Comments _____

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Personal Training Packages

1 Session	\$70
5 Sessions	\$335
10 Sessions	\$640
20 Sessions	\$1220

30 min sessions
5 for \$175.00

Personal Training

- Personal training sessions are individual appointments with a Certified Personal Trainer specifically designed to help you achieve your fitness goals
- We accept cash, check, credit card and GO Card

For more information and to sign up contact:

Associate Director of Fitness & Recreation
Wendy Christensen
WC701@GEORGETOWN.EDU
(202) 662 - 4254

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