

# SCOTT K. GINSBURG

## *Sport & Fitness Center*



# GROUP FITNESS SCHEDULE

## FALL 2025

Aug 25-Nov 25, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
	YOGA 8:00am (45 min) Kinley (S1)		YOGA 8:00am (45 min) Kinley (S1)		
TOTAL BODY CONDITIONING 12:00pm (45 min) Renzo (S1)		TOTAL BODY CONDITIONING 12:00pm (45 min) Wendy (S1)		VIRTUAL BODYPUMP 12:00PM (45 MIN) SCREEN (S1)	
		POP PILATES SCULPT 4:00pm (45 min) Maya (S3)			
VIRTUAL BODYPUMP 6:00PM (60 MIN) SCREEN (S1)	POP PILATES 6:00pm (55 min) Maya (S3)	BODYPUMP 6:00pm (60 min) Jennifer (S3)	POP PILATES 6:00pm (55 min) Maya (S3)		
YOGA 6:30PM (60 MIN) HALEY (S3)	CYCLE 6:30PM (45 MIN) ROULA (S1)	YOGA 6:30pm (60 min) Elizabeth (S1)			YOGA 6:30PM (60 MIN) HALEY (S1)

(S1) = Studio 1  
(S3) = Studio 3

\*Classes are subject to change without notice based on attendance, the needs of membership and instructor availability.

Check us out on Instagram! @gtownlawfitness

For more information, contact Wendy Christensen (wc701@georgetown.edu) or visit [www.law.georgetown.edu/fitness](http://www.law.georgetown.edu/fitness)

*Accommodation requests related to a disability should be made at least 24 hours prior to classes to Wendy Christensen (wc701@georgetown.edu).*