

SCOTT K. GINSBURG

Sport & Fitness Center



GROUP FITNESS SCHEDULE

DEC 1st-14th 2025

MONDAY 12/1	TUESDAY 12/2	WEDNESDAY 12/3	THURSDAY 12/4	FRIDAY 12/5
	YOGA 8:00am (45 min) Kinley (S1)		YOGA 8:00am (45 min) Kinley (S1)	
TOTAL BODY CONDITIONING 12:00pm (45 min) Jeremiah (S1)		TOTAL BODY CONDITIONING 12:00pm (45 min) Wendy (S1)		STRESS LESS TBC 12:00pm (45 min) Jeremiah (S1)
BODYPUMP 6:00pm (60 min) VIRTUAL (S1)		BODYPUMP 6:00pm (60 min) Jennifer (S3)		
	CYCLE 6:30pm (45 min) Roula (S1)	YOGA 6:30pm (60 min) Elizabeth (S1)		
MONDAY 12/8	TUESDAY 12/9	WEDNESDAY 12/10	THURSDAY 12/11	FRIDAY 12/12
	YOGA 8:00am (45 min) Kinley (S1)		YOGA 8:00am (45 min) Kinley (S1)	
TOTAL BODY CONDITIONING 12:00pm (45 min) Jeremiah (S1)		TOTAL BODY CONDITIONING 12:00pm (45 min) Wendy (S1)		
BODYPUMP 6:00pm (60 min) VIRTUAL (S1)	CYCLE 6:30pm (45 min) Roula (S1)	BODYPUMP 6:00pm (60 min) Jennifer (S3)		
		YOGA 6:30pm (60 min) Elizabeth (S1)		

(S1) = Studio 1 (S3) = Studio 3

For more information, contact Wendy Christensen (wc701@georgetown.edu) or visit www.law.georgetown.edu/fitness

Accommodation requests related to a disability should be made at least 24 hours prior to classes to Wendy Christensen (wc701@georgetown.edu).