

SCOTT K. GINSBURG

*Sport & Fitness Center*



# GROUP FITNESS SCHEDULE SUMMER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>TOTAL BODY CONDITIONING</b> 12:00pm (45 min) Jeremiah (S1)		<b>TOTAL BODY CONDITIONING</b> 12:00pm (45 min) Wendy (S1)		<b>TOTAL BODY CONDITIONING</b> 12:00pm (45 min) Jeremiah (S1)
	<b>POP PILATES</b> 6:00PM (55 MIN) MAYA (S3)			

(S1) = Studio 1  
(S3) = Studio 3

\*Classes are subject to change without notice based on attendance, the needs of membership and instructor availability.

Check us out on Instagram! @gtownlawfitness

For more information, contact Wendy Christensen (wc701@georgetown.edu) or visit  
[www.law.georgetown.edu/fitness](http://www.law.georgetown.edu/fitness)

*Accommodation requests related to a disability should be made at least 24 hours prior to classes to Wendy Christensen (wc701@georgetown.edu).*