

SCOTT K. GINSBURG

Sport & Fitness Center



GROUP FITNESS SCHEDULE SUMMER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
UPPER BODY CONDITIONING 12:00pm (45 min) Jeremiah (S1)		TOTAL BODY CONDITIONING 12:00pm (45 min) Wendy (S1)		LOWER BODY CONDITIONING 12:00pm (45 min) Jeremiah (S1)

(S1) = Studio 1
(S3) = Studio 3

*Classes are subject to change without notice based on attendance, the needs of membership and instructor availability.

Check us out on Instagram! @gtownlawfitness

For more information, contact Wendy Christensen (wc701@georgetown.edu) or visit www.law.georgetown.edu/fitness

Accommodation requests related to a disability should be made at least 24 hours prior to classes to Wendy Christensen (wc701@georgetown.edu).